

GREEN PLAZA SHINJUKU

Capsule hotel

The first ever "Capsule hotel" or tube hotel in Tokyo, is conveniently located right in the middle of Kabukicho, the most exciting forest of neon in Tokyo.

We are conveniently located at only 5 minutes walk from Shinjuku station of JR line which is the busiest hub station in metropolis.

"Capsule hotel" is Japan unique, beloved by a lot of business men for its convenience and cost performance, also favored by tourists especially on weekends and holidays as well.

We are pleased to offer "the huge public bath" which has been one of the most preferred cultures among all kinds of Japanese people, men and women, young and old, poor or rich, for thousands of years.

We all love to soak in the hot water containing minerals, humming with our eyes half closed, which is the precious relaxing time for all of our nations. We wish that you visitors will share this bliss with us, but please remember, putting your personal towel in the bath tub is regarded as a very rude manner! Let's keep it clean and comfortable for all of us including yourself. We are sure you will love it, and you might be addicted. The only bad thing about this is that you cannot bring it home even you love it very much!

We are boasting an only outdoor bath and Jacuzzi in Shinjuku area, and three different types of saunas.

In the building relaxing wear" and towels, tooth brushes and shaving razors are conveniently equipped for free. Laundry service (paid) is available, and the shop sells shirts, ties and underwear for your needs during your stay.

Massage (paid) is the ideal wrap up for the relaxing bath time.

You can go in and out after check-in just as at regular hotels, so you can enjoy exploring the city with your hands free.

INFORMATION

Hours	check in 15:00 - check out 10:00
Charge	¥4,300 (incl. tax) for standard capsule, ¥4,800 for up graded capsule
Credit cards	VISA, Master, JCB, American Express, Diner's Club
Facilities	Outdoor bath and Jacuzzi, Big bath tub(mineral water), Saunas Other services : Restaurants, Laundry, Massage, Skin scrubbing, PC and LAN cable rental, Vending machines
In capsule equipments	TV, Pay video, Alarm clock
Amenities	Shampoo, Rinse, Body soap, Soap, Tooth brush, Towel, Shaving razor, In the building robe
Address	zip code160-0021 1-29-2 kabukichyo Shinjuku-ku tokyo
TEL	81-3-3207-5411
FAX	81-3-3207-5417
Access	5 minutes walk from JR line "Shinjuku" station, right in front of "Seibu Shinjuku" station.

RULES and MANNERS

- Sorry, this hotel is for men only. No accommodations for women
- No one under 18 is allowed even accompanies by adults.
- Anyone with tattoos, big or small, are absolutely rejected for our cultural reason.
- Anyone drunk is also excluded for the security and the comfortable stay of other guests.
- Anyone who we judge is troubling, annoying, or provoking the other guests is also expelled.
- No one with cutaneous affection (skin disease) and/or any contagious disease are rejected.
- No food and/or drinks are allowed to bring in.
- You cannot stay in the building after checking out.
- Electrical outlets are not for the guests' use.
- You are welcome to stay consecutive nights, but you will have to check out every day, and physically go out of the building during the day (No particular capsules=tubes are saved nor secured during daytime). We keep your baggages at the front desk.

CAPSULE HOTEL

"Capsule hotel" is the functional and convenient accommodation utilizing the space to its maximum. You can sleep in your personal "Capsule", 190cm(6' 3") depth by 100cm(3' 4") width and 90cm(3'0") heights each. Those capsules are lined as double deckers.

Each capsule is air conditioned and equipped with TV, radio, alarm clock, personal light.

Unlike the other regular hotels, we do not have space to hold your belongings in the room or capsule, please use your personal locker in the locker room. In case the locker is not big enough for your baggage(s), please ask the front desk to keep it. (We cannot take responsibility for precision apparatus, valuables for their troubles and/or damages.)

See front desk for safe deposit with your purse, passport and valuables.



GREEN PLAZA SHINJUKU

BATH, BATH, and MORE



Outdoor bath Japanese style

Looking up the sky of metropolitan Tokyo. Enjoy Japanese traditional style bath.



Outdoor Jacuzzi

"Middle of the city Jacuzzi" is temperature-modulated according to Four Seasons of Japan.



Rock salt Sauna

Rock salt Sauna Rock salt bricks from the Himalayas emit negative ion.



Bath with minerals

Our big public bath water contains minerals. Its soft touch heals you from the journey fatigue.

MASSAGE

Massage is most effective after the bath. Different kinds for different length of time of massage plans are available.

Recommended: Japanese-style shiatsu, A China-style foot bottom massage, A Korea-type dirt pickpocket, And Various treatment.



RESTAURANT

Having more than 100 kinds of food, capacity of 100.



GREEN PLAZA SHINJUKU

RESERVATIONS

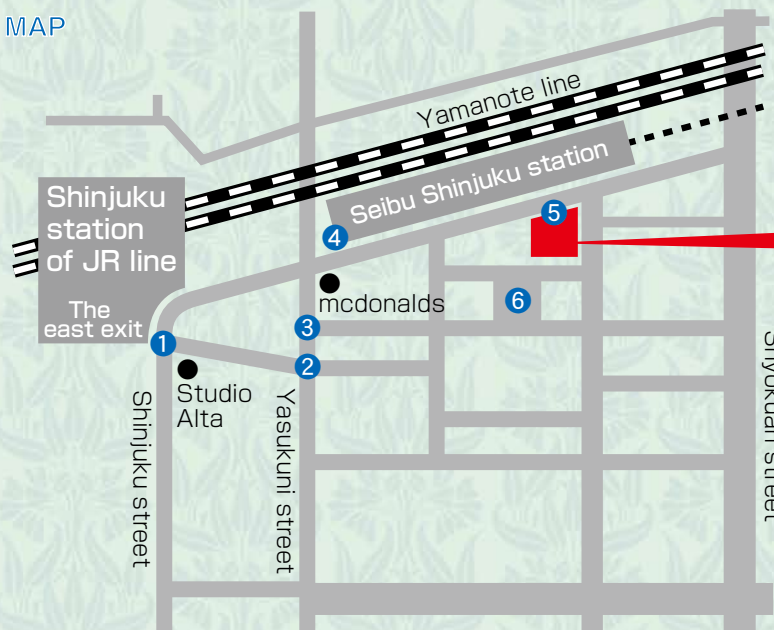
- 1) Call this number, 81-3-3207-5411
- 2) e-mail us with the following information tips Your full name, check in date, number of nights to stay, number of guests, sex (male only), your e-mail address info@hgpshinjuku.jp

NOTICE

- Sorry, this facility is for men only.
- We cannot hold your reservation after 12:00 midnight.
(You can go out once you physically check in.)
- You are welcome to stay consecutive nights, but you will have to check out every day, and physically go out of the building during the day (No particular capsules=tubes are saved nor secured during daytime). We keep your baggages at the front desk when you have the reservation for next night.

ACCESS

MAP



5 minutes walk from JR line "Shinjuku" station, right in front of "Seibu Shinjuku" station.



1 Studio Alta



2 Kabukicho-main street entrance



3 Kabukicho-ichibangai entrance



4 Seibu Shinjuku station



5 Green plaza Shinjuku



6 Cine city square